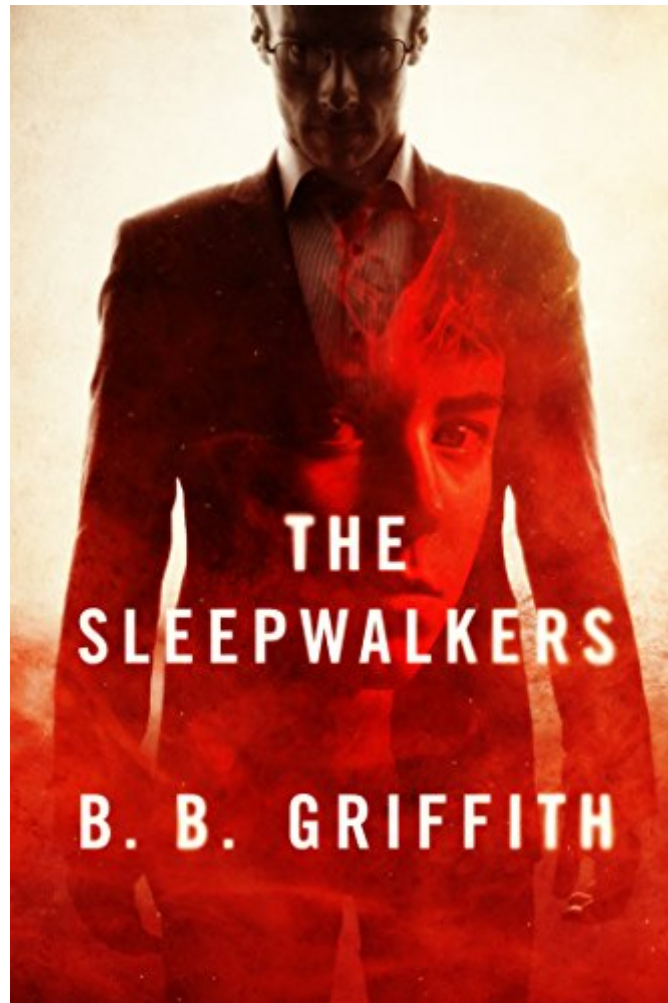




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The Sleepwalkers



Synopsis

When a strange epidemic of sleepwalking strikes the kids of Baltimore, only has-been psychiatrist Gordon Pope understands the truth of what is happening. The problem is, Gordon lost all of his self-confidence and the lion's share of his client list in his divorce. Now he can't seem to get anyone to listen. As the epidemic grows, Gordon unearths clues with disturbing parallels to his own childhood and quickly comes to realize that if he can't stop it, and soon, the consequences will be disastrous.

Book Information

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Customer Reviews

I was intrigued by the premise of THE SLEEPWALKERS by B.B. Griffith, that a sleepwalking epidemic is occurring in Baltimore and only a washed up psychiatrist named Gordon Pope might have a way to cure the problem before it escalates. B. B. Griffith jumps right into the story, introducing the main two characters, psychiatrist Gordon Pope and Ethan, a twelve year old boy with an extreme sleepwalking problem who attempted to strangle and kill another boy. Gordon Pope is immediately likable, a man struggling to move on from his past in many ways and not doing a very

good job of it, and yet he has a hopeful, although tainted, spirit that figures life will turn around for him. Griffith does a good job of writing just enough back story for all of the prominent characters and letting their actions complete the picture of who they are. The story moves faster and faster as one reads, with some exciting and suspenseful action sequences. There is a satisfying conclusion and a tease for could be another story involving Dr. Pope. On another note, the science behind the sleepwalking is fascinating and seemingly possible, at least to a non-science mind like mine. THE SLEEPWALKERS is quick, fun read that I inhaled in just a couple of days. I think it could be turned into a movie (it's certainly better than a lot of the recent suspense/thriller junk that has been released recently). I am now interested in reading B.B. Griffith's other works and I am looking forward to a possible next story involving Dr. Gordon Pope and company. I received a copy of this book as part of the Kindle Scout program.

I snagged The Sleepwalkers after voting for it via the Kindle Scout program, and I was thrilled that it published because I was crazy about The Tournament. If you haven't read those, that's another series I recommend without reservation. I don't know exactly how B.B. Griffith managed to make a middle aged child psychiatrist and a never-gonna-get-promoted female cop so fascinating, but he did. He explores the idea of whether a person, especially a child, can commit violence during sleep without knowledge. Just of note: I thought the chutes and ladders backtracking was especially clever. This almost tips over into horror but in my opinion doesn't quite get there (which in my opinion is a good thing). It is very, very creepy, though, and I was glad I wasn't all alone in the house when I was reading it late into the night. :) Likely to appeal to: Readers interested in dream manipulation, sleepwalking, child psychology, or any combination thereof. Horror lite fans. Highly recommended.

I enjoyed lots about this book. The plot and resolution were unique and intriguing to me, which was refreshing! I also liked the main character. His self awareness was refreshing compared to the hero types that tend to run at danger with abandon or get themselves in trouble for no good reason. Don't get me wrong. I like that type of action, but I'm a bit weary of plain stupidity and dumb luck when it comes to solving mysteries. This guy, Pope, was clearly tired of the rut that was his life, questioned his impulses and made choices aware of the risks and benefits. A few of the other characters began to round out later in the story, but will need some development, assuming there's more to come. If not, they did a fair enough job supporting. I'd recommend this book to folks who might like a bit of psychobabble mixed with their mystery! (It's well placed and not at all overwhelming.) All in all I

thought it was a good story. Read it in one sitting (a long car ride)!

Ethan is a 12-year-old boy who is accused of trying to kill a friend ... while Ethan was asleep. Gordon Pope is a psychiatrist, who has given up treating children. Following his divorce, he lost just about everything .. his wife, his practice, his will to do anything about it. And even as Gordon is asked to talk to Ethan and come up with a treatment plan, a young girl goes missing ... a friend of Ethan's. She is also sleepwalking. Luckily she has come to no harm. And then Gordon's phone starts to ring .. and ring ... and ring. It's a epidemic of sleepwalking that is affecting all the young people. Gordon begins investigating and comes to see that if he can't stop this epidemic, the outcome will be disastrous for everyone. The story covered the uniqueness of sleepwalking very well. There were a couple of areas that I got lost in the workings of the brain.. the medical aspect was a bit over my head. I loved the characters. I felt so much for Ethan, who tied himself to the bed every night so as not to sleepwalk and hurt his parents. Dr. Pope is a sad man who has very little self-confidence left, but he does care for these kids. Police Officer Dana has her own problems with her supervisor, but she bends over backwards to help Gordon ... and puts her job on the line. As an insomniac, I found this book to be be entertaining and compelling. My thanks to the author / Kindle Scout who provided a digital copy. I am happy to say that THE SLEEPWALKERS was one of the books I nominated. Although not mandatory, I am pleased to write an honest, unbiased review.

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